



*Moving Intelligent Change Forward*

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Two issues of highest interest to me personally are poised to take center stage in 2017. The first is increasing and optimizing patient engagement. Whether it's via shared decision-making models or direct involvement in the "bench to bedside" pipeline, authentic and sustained patient engagement is critical to focusing our health system on highest impact and highest value care. The second is emphasizing care for patients with complex needs. Collaboration to fund, test and implement new approaches can invigorate our understanding of the needs of these patients and accelerate access to better care. These are a few articles worth reading as you end 2016 and contemplate new opportunities in health. Happy Holidays!

## **The Playbook: Better Care for People with Complex Needs**

Five foundations have partnered with the Institute for Healthcare Improvement to develop this resource for health system leaders, payers, and policy makers who are seeking to learn more about high-need individuals and promising care approaches.

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## **Improving the Quality of Care for Medicare Beneficiaries by Increasing Patient Engagement**

The Department of Health and Human Services (HHS) identifies the engagement of Medicare beneficiaries as a cornerstone to achieving better care, smarter spending, and healthier people. Our agencies - the Centers for Medicare & Medicaid Services (CMS) and the Agency for Healthcare Research and Quality (AHRQ) - support the vision set forth in CMS' Quality Strategy, of health and care that is person-centered, provides incentives for the right outcomes, is sustainable, emphasizes coordinated care and shared decision making, and relies on transparency of quality and cost information.



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## Dear future doctor: Remember what it feels like to be a patient

Remember the pain, remember the anguish of the unknown, remember the detours of being referred from one physician to the next, and how you hoped that this doctor would finally be able to diagnose you and empathize with your suffering. Remember the agony of not knowing what caused the mysterious, writhing pain; however, at the same time being fearful of a potential diagnosis that could rob you of the life that you had dreamed about.



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## Health Law's Test Kitchen For Payment Reforms Could Offer Tool For GOP Ideas

Joint replacements. Cardiac care. Chemotherapy.

What do those things have to do with the repeal of the Affordable Care Act?

Economists and policymakers think the U.S. may be overpaying for such services, which helps drive up health care expenses for everyone. And the health law has a program that includes testing new ways to pay for care - including in those three areas - that might result in better quality and lower costs.



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## Squashing Superbugs May Take a Superhero

If clinical microbiologists were Hollywood superheroes, Hosam Zowawi would undoubtedly be Superbug Fighter.

In reality, Zowawi is more accustomed to wearing a white lab coat or, when playing his favorite sport, a polo uniform-his team is the Superbug Slayers.

But in the cloistered venues of bacterial research and the broader arena of health awareness, the Rolex Laureate is a leader in the combat against superbugs, the often deadly strains of bacteria and microbes immune to antibiotics.



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Passion + Quality = Change That Matters

I embrace the powerful opportunities in our evolving health care landscape. I founded Momentum Health Strategies to be a catalyst for change through continuous learning, diverse engagement and thoughtful policy and practice initiatives. I deliver innovative, strategic thinking and a passion for improving the patient experience. My personal drive and dedication to high-quality results will help you navigate the competitive terrain you face and convert your vision to action.

## Momentum Health Strategies

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